

F.I.M.E., the Italian Federation of Aesthetic Medicine, was born in 2013 sub egidia of a pool of medical doctors of different specialities, such as dermatology, plastic surgery, maxillo-facial surgery, ENT, *etc.*, all involved in the field of cosmetic medicine.

The main endpoint of F.I.M.E. is to promote research, training and teaching in the field of aesthetic medicine thanks to an advisory board elected every two years by his members.

Nowadays cosmetic medical treatments are much more performed than aesthetic plastic surgery, this can be attributed to the short down time of this procedures, their minimally invasive features and so on; on the other hands, aesthetic medicine, quite often is not supported by medical literature and researches and it is mandatory for our society to do our best to improve this field in terms of safety and effectiveness of the procedures performed.

F.I.M.E.'s purposes are related also to patient's safety, performing research and organizing meetings and day-fellowships every years.

In every F.I.M.E. annual meeting, renewed world speakers are invited to discuss about a specific topic (in the first meeting the topic was "facial resurfacing with CO₂ fractional laser"; in the second was "lips treatments"; in the third, planned for next April 2016, it will be "the sight"), this kind of "one topic meeting" has been decided to give to participants the right indications regarding efficacy and safety of that specific treatment, and of course to carry out the guide lines of that specific treatment.

Thanks to the partnership with Plastic and Aesthetic Research Journal, I'm sure that both F.I.M.E. and P.A.R. will give to their members and readers, respectively, an high positive impact in the field of plastic surgery and aesthetic meeting, because only sharing knowledge regarding medicine it can make medicine itself Evidence Based, and this way it will be safer and effective for both patients and physicians.

F.I.M.E.'s President

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